Brace Yourself

Your Orthodontic Newsletter Winter 2017 Edition



Do I need a referral to see An Orthodontist??

Not at all, all you need to do is to phone or call in and make an appointment. Our friendly staff members will organise some paperwork for you to fill in and return at your appointment.

At the end of your consultation we will verbally discuss treatment and financial options with you. If you require orthodontic treatment we will assist with getting you started on your orthodontic journey. We will also provide you with a written examination report outlining the treatment plan and the steps involved.

10 THINGS YOU MAY NOT KNOW ABOUT DR BARBER...

- 1. is afraid of heights
- 2. has climbed to Everest Base Camp
- 3. thinks a tent, a backpack and a pair of boots are the makings of a good holiday
- 4. was Dux of high school and won a University Medal
- 5. can change a tyre, reprime a pump and tie a truckie's hitch
- 6. loves a good strong coffee
- 7. can eat a whole packet of cheese shapes in one go
- 8. can do more pushups than anyone else in the practice, maybe except Stacey...
- 9. can't fold a map
- 10. won a photography comp with a photo of sunrise on Mt Kosciuszko



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FUNNY FACTS ABOUT ORTHODONTICS...

Your chances of being struck by lightening this year are 1 in 700 000 and the odds don't increase if you have braces

100% of all orthodontists are dentist but only 6% of dentists are orthodontists.

Braces are made from a nonmagnetic material which means they will never rust. You are not in danger of a lip-locking disaster and you will never 'go off' in a metal detector.

Some dental wires used in braces are activated by body heat and were developed by NASA.

25% of patients get braces again because they didn't listen to their Orthodontist and wear their retainers as instructed!

WELCOME Baby Archer

Our hygienist
Jess and her
husband Daniel
welcomed their
first son Archer
Cyril born on
26th May 2017 at
12.29pm
weighing 4030g
and 56cm long.
Mum and bub
are both doing
great!



CONGRATULATIONS NICOLE AND MITCH

Nicole got the surprise of her life when Mitchell proposed during their climb of the Q1 building on the Gold Coast on the 6th May. Yay! Bring on the wedding festivities!



TEAM BUILDING DAY - FORT LOCKS!

We set out on an adventure for our recent Team Building Day. It was a great experience and heaps of fun for all!

We were locked up in a mysterious room, and given exactly 60 precious minutes to free ourselves.

The task at hand was not easy at all. We succeeded with creativity, imagination and ingenuity.

We were able to work together as a team and solve fun riddles and puzzles effectively and had the chance to conquer our greatest enemy: time.

We made it out!

Both teams did very well!

Can't wait to go back and try the other room!





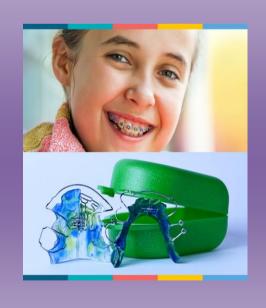
What's the difference between plates and braces?

In orthodontics, a plate is a hard plastic device which fits around the top teeth, the bottom teeth or sometimes both. It uses wires and springs to push the teeth into position or to hold them in place as other adult teeth enter your child's mouth. The wires or springs are not fixed to the teeth, so the plate can be removed, unlike braces.

There are also more complicated removable plates known as "functional appliances". These plates modify the direction the teeth and jaws grow in, especially in children whose upper teeth are protruding. Plates are usually worn by younger children to fix minor crowding or bite problems. Braces treatment, on the other hand, has the ability to fix both simple and complex problems.

Plates are usually used to make smaller corrections, however they are sometimes used early as a first phase of treatment.

For example, a plate might be used in young children to close gaps or to maintain appropriate space between teeth for the adult teeth to grow into, as well as tip them forwards or backwards as needed. Braces are still generally required in a second phase of treatment during the teenage years to cosmetically align the teeth and establish a perfect bite.





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